

# **Stroud Area Alzheimer Café**

Our monthly café is held from 2-4pm in the Education Suite at Longfield Community Hospice, Burleigh Lane, Minchinhampton, GL5 2PQ. There are plenty of free parking spaces available.

#### Who is it for?

The café is for all who have concerns about memory problems and any form of dementia, together with their partners, family, friends and care givers. It is also for health professionals, charities and other organisations involved in this area of care.

### The purpose

To enjoy being out together and to meet people who are all in the same boat, where we can share and discuss issues in a relaxed and safe environment.

#### What is provided?

A welcoming Café serving tea, coffee, sandwiches and cakes with live musical entertainment and song in a dementia friendly atmosphere. We also include a short guest performance, presentation or discussion each month relevant to those living with dementia. There are opportunities to share feelings and give and receive support and information.

## **Need transport?**

If you can't easily get there or can't share a car, transport is available with Nailsworth Rotarians and other volunteer drivers; phone Café Host, Richard Burt on 07970 713032 or email Richard.burt54@gmail.com

#### **Enquiries and information**

Contact Richard, or you can find our latest news and information by searching for 'Stroud Area Alzheimer Café' on Facebook and scrolling down.

**Thanks** to all our volunteer helpers and musicians.

Do join us! You will be very welcome.

#### Café dates for 2025/2026

Always the last Wednesday of each month except December (before Christmas) and August (summer break)

September 24th

October 29th

November 26th

**December 17<sup>th</sup> - (Christmas party)** 

January 28th

February 25th

March 25th

April 29th

May 27<sup>th</sup>

June 24th

July 29th- (Summer party)

August - no cafe